



With  
**Connections,**  
you're never  
alone.

**Connections** is a FREE app for individuals with substance use disorder and common co-occurring mental health conditions that provides anonymous 24/7 peer support, access to an online community, resources to promote coping skills, daily check-ins, and tools to help track and celebrate milestones!

**Scan to access the Connections app.**



This free resource is made available by:



Having trouble using the app? Get in touch: [onboarding@connectionsapp.com](mailto:onboarding@connectionsapp.com)